

Recent Graduate Program

The Recent Graduate Program (RGP) is a 10-month program designed to facilitate a smooth transition into a busy private practice environment by building on knowledge acquired from university and further developing and refining practical and clinical reasoning skills. In addition to new graduate clinicians, this program is appropriate for those who may have commenced work in a different sector (i.e., public hospital) but who now wish to work in private practice.



The Recent Graduate Program aims to:

- Encourage a holistic approach to care
- Foster clinical competence and safety
- Build confidence and resilience
- Develop and refine communication skills
- Expand and add to existing knowledge base
- Refine and expand on practical skills
- Understand professional responsibilities in healthcare
- Encourage and develop lifelong learning skills

The content of the RGP reflects contemporary, evidence-based practice and includes specific information about working in private practice. The content is delivered by both Healthia staff and external presenters.



The format of our Recent Graduate Program involves face-to-face and online sessions. An overview of the program includes:

Workshops

Two 3-day, face-to-face, 'intensives'/workshops held at the beginning of February and mid-July. The initial face-to-face workshop allows graduates to meet their cohort of professional peers and form the foundation of collaborative practice within a multidisciplinary team.

Interactive online sessions

The interactive online sessions run over the 10-month period. These sessions use case-based learning and focus on application of knowledge.

In clinic support

In addition to the structured RGP, each Healthia clinic provides both formal and informal support for clinicians. Each clinic offers different methods for providing this in-clinic professional development, mentoring and support.

Welcome function

In addition to clinical content, we are passionate about welcoming our graduates into the Healthia family. The welcome function is attended by our clinic partners, regional partners and team members from our support office.

The night provides a great opportunity to meet your peers and colleagues in a social setting.

In collaboration with researchers from Flinders University, the Australian Catholic University and The University of Queensland, we evaluated our physiotherapy RGP via a one-year longitudinal, mixed methods study and published the findings in the journals *Musculoskeletal Science and Practice* and *Physiotherapy Theory and Research* in 2022. Findings demonstrated that our structured education program, together with in-clinic support, facilitated our recent graduates' learning, confidence and self-efficacy.^{1,2}



Visit healthia.com.au/recentgraduates to book your place today

or email events@healthia.com.au for further information

Reference

1. Chipchase, L., Papinniemi, A., Dafny, H., Levy, T., & Evans, K. (2022). Supporting new graduate physiotherapists in their first year of private practice with a structured professional development program; a qualitative study. *Musculoskeletal Science and Practice*, 57, 102498.
2. Evans, K., Papinniemi, A., Vuvan, V., Nicholson, V., Dafny, H., Levy, T., & Chipchase, L. (2022). The first year of private practice—new graduate physiotherapists are highly engaged and satisfied but edging toward burnout. *Physiotherapy Theory and Practice*, 1-14.